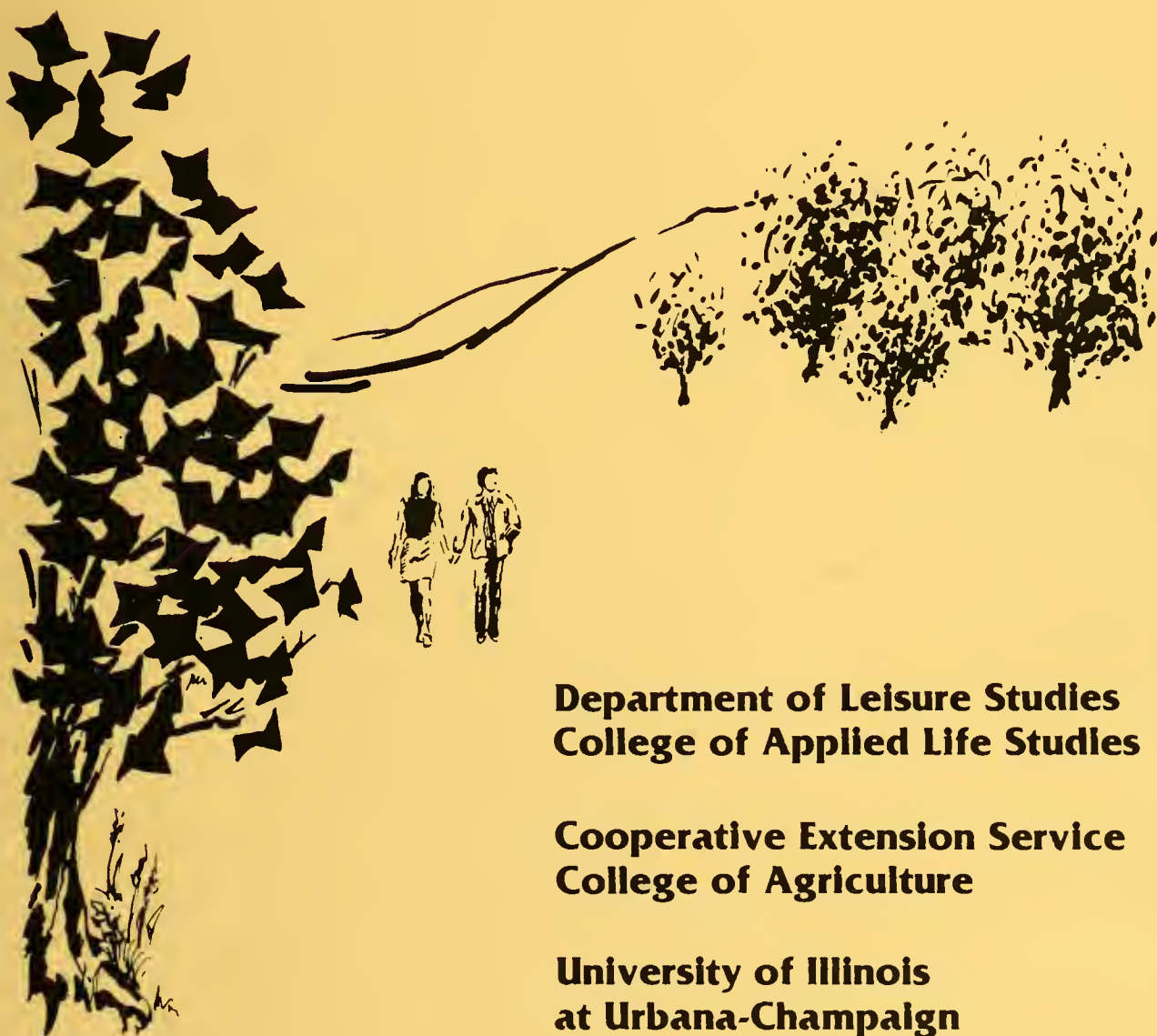


IL 65
1985/86

1985-1986
annual report

office of recreation and park resources



**Department of Leisure Studies
College of Applied Life Studies**

**Cooperative Extension Service
College of Agriculture**

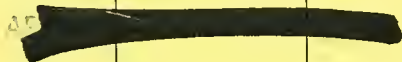
**University of Illinois
at Urbana-Champaign**

NOTICE: Return or renew all Library Materials! The *Minimum Fee* for each Lost Book is \$50.00.

The person charging this material is responsible for its return to the library from which it was withdrawn on or before the **Latest Date** stamped below.

Theft, mutilation, and underlining of books are reasons for disciplinary action and may result in dismissal from the University.
To renew call Telephone Center, 333-8400

UNIVERSITY OF ILLINOIS LIBRARY AT URBANA-CHAMPAIGN



1985 - 1986

ANNUAL REPORT


OFFICE OF RECREATION AND PARK RESOURCES

Department of Leisure Studies
College of Applied Life Studies
and the

Cooperative Extension Service
College of Agriculture

University of Illinois
at
Urbana-Champaign

September, 1986



Digitized by the Internet Archive
in 2011 with funding from
University of Illinois Urbana-Champaign

TABLE OF CONTENTS

	Page
Office of Recreation and Park Resources	i
Organization Chart	v
Personnel of the Office of Recreation and Park Resources	vi
Annual Report Summary	vii
Office of the Chief	1
Community Recreation Specialist	5
Educational Resources Specialist	8
Outdoor Recreation Specialist (ORS)	11
Therapeutic Recreation Specialist	18
Publications	25
Appendix A	28
Appendix B	29

THE OFFICE OF RECREATION AND PARK RESOURCES

The Office of Recreation and Park Resources has become the principal link between the University's Cooperative Extension Service and Department of Leisure Studies and the public in the field of leisure services. In 1969 the Field Service of the Department of Recreation and Park Administration (now the Department of Leisure Studies) in the College of Physical Education (now the College of Applied Life Studies) merged with the Rural Recreation Section of the Cooperative Extension Service in the College of Agriculture. The merged unit is called the Office of Recreation and Park Resources (see organization chart).

Purposes of the Office of Recreation and Park Resources

The primary purposes of the Office of Recreation and Park Resources are:

- . To generate new and improved methods of leisure service delivery through applied research efforts and demonstration projects.
- . To enhance professional development through inservice and preservice educational services and related materials development.
- . To develop and disseminate information resources.
- . To provide consultant services and technical assistance.
- . To contribute to the development and strengthening of the leisure service professions.
- . To establish and enhance cooperative liaison communication networks within the University, State and Nation.

ORPR Resource Sections

The Office of Recreation and Park Resources operates through four recreation resource sections: Outdoor, Educational, Community, and Therapeutic.

The Outdoor Recreation Specialist Section, through consultation and research projects, deals primarily in planning, organization, and administration of county and regional park systems such as Conservation Districts, Forest Preserve Districts, and River Conservancy Districts. This section also secures, prepares, and disseminates educational materials as they relate to outdoor recreation resources. It also concerns itself with cooperation among the various state and federal agencies involved in outdoor recreation. These agencies include the National Park Service in the Department of Interior, U.S. Department of Agriculture, and state agencies such as the Illinois Department of Conservation and the Department of Commerce and Community Affairs.

The Educational Resources Section concerns itself with providing information and educational materials to professional and lay personnel in recreation and parks. It is responsible also for the examination of program techniques and the solutions to problems that relate to the conduct of recreation and park programs. Personnel of this section collect, prepare, and disseminate information and materials relating to new leadership developments, thus enabling recreation and park groups to provide a more effective service.

The Community Recreation Resources Section is responsible for consultation and research dealing with recreation and park problems affecting rural, urban and suburban communities. It attempts to enhance community decision-making processes in the planning, organizing and improving of comprehensive

leisure service systems. Personnel of this section consult directly with recreation and park professionals, other government officials, citizen committees, and civic organizations.

The Therapeutic Recreation Resources Section engages in multifaceted services to improve the delivery of leisure services to handicapped, ill and aging populations in residential, treatment and community settings. Included in the services of the section is materials development and dissemination, consultation regarding all aspects of program design, implementation and evaluation, professional development training materials and workshops, research related to programming intervention and delivery strategies in therapeutic recreation.

ORPR Clients

There are several principal client groups with which ORPR works on a daily basis in providing services to assist in meeting various forms of leisure service demands. Some of these principal client groups are:

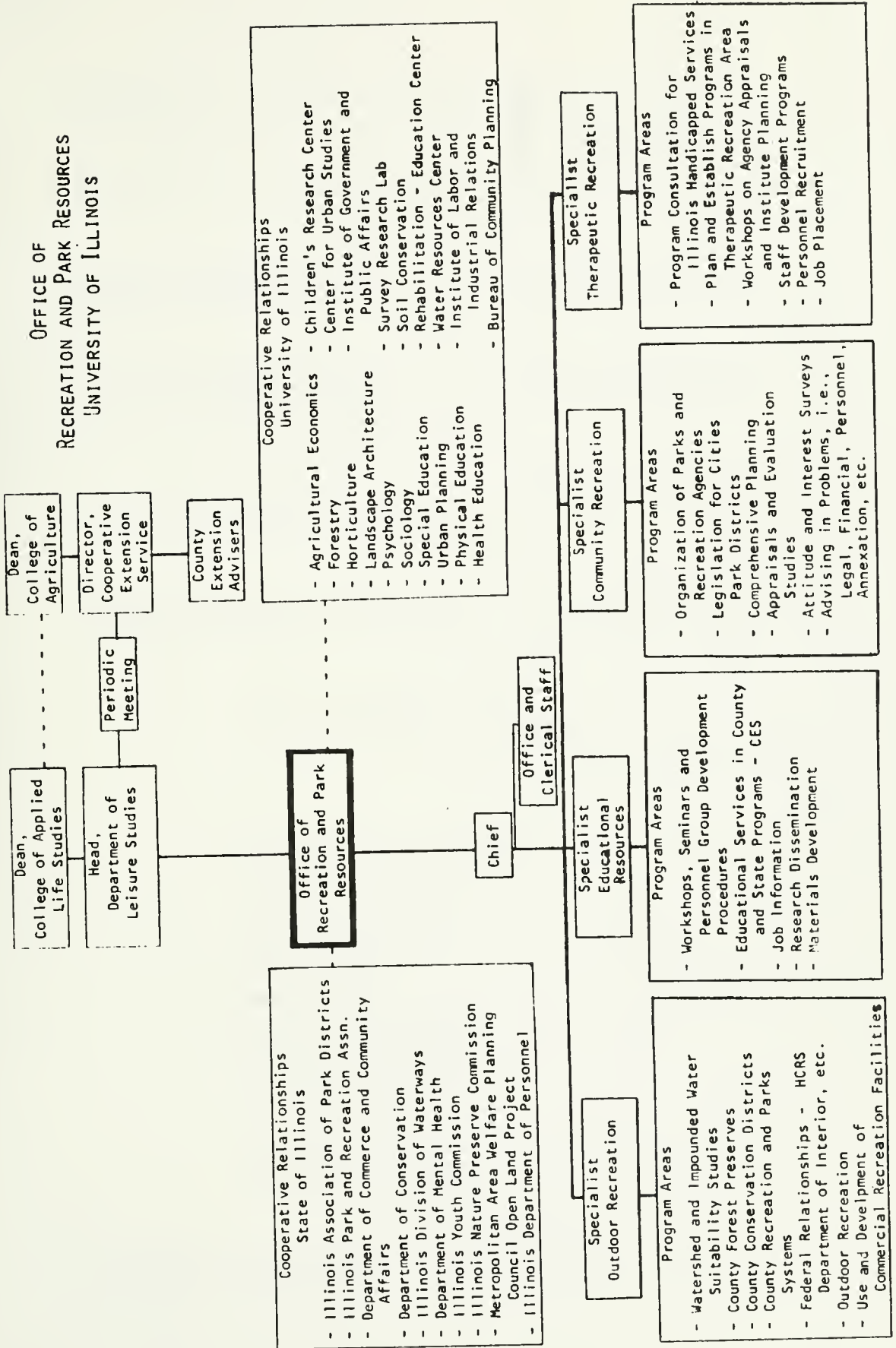
- * Cooperative Extension Service Personnel
- * Public Parks and Recreation Professionals
- * Private Leisure Enterprise Personnel
- * Related Human Services Personnel
- * Volunteers, Lay Leaders, Citizen Groups
- * Faculty and Staff of Educational Institutions
- * Individuals of all ages and families, who seek to improve the richness of personal life through the wise use of leisure.
- * Students who are preparing for careers in the leisure service profession, public and private.

Cooperative Relationships

The Office of Recreation and Park Resources facilitates many cooperative relationships both within the university and with other institutions. For example, major sources of assistance to the office is the contact with County Extension Advisers. At present, there are over three-hundred and fifty advisers assigned throughout the state. Their knowledge of local conditions and their influence in the community is invaluable to the ORPR staff. Efforts were also made to strengthen the relationship between ORPR and the Illinois Association of Park Districts and the Illinois Park and Recreation Association. Other cooperative relationships include the Department of Commerce and Community Affairs, Department of Personnel, State Comptroller's Office, Department of Public Health, State Department of Corrections, Department of Conservation and the Illinois Municipal League. As the Office of Recreation and Park Resources expands its service, other important relationships will be developed.

The establishment of the Office of Recreation and Park Resources is a concerted effort on the part of the University of Illinois to provide the best possible service in parks and recreation to the citizens of Illinois. This unit places the State of Illinois in the forefront in providing public service and continuing education in the essential field of leisure services.

OFFICE OF RECREATION AND PARK RESOURCES UNIVERSITY OF ILLINOIS



PERSONNEL OF THE OFFICE OF RECREATION AND PARK RESOURCES

L. Candace Goode Chief*	Assistant Professor
----------------------------	---------------------

Robert D. Espeseth Outdoor Recreation Specialist	Associate Professor
---	---------------------

D. James Brademas, Ph.D. Community Recreation Specialist	Associate Professor
---	---------------------

Carol Ann Peterson, Ph.D. Therapeutic Recreation Specialist	Associate Professor
--	---------------------

George Lowrey, Jr., Ph.D. Educational Resources Specialist	Assistant Professor
---	---------------------

E. H. Regnier
Program Specialist, Emeritus

Candace Ashton-Shaeffer
Graduate Assistant

Keith Savell
Graduate Assistant

Doug Musser
Graduate Assistant

Benita Barros
Graduate Assistant

Anne Rabley
Graduate Assistant

*On August 21, 1986, William McKinney replaced Candace Goode as Acting Chief of ORPR.

ANNUAL REPORT SUMMARY

The following Annual Report covers the period from September 1, 1985 through August 31, 1986.

The staff of the Office of Recreation and Park Resources (ORPR) annually participates in identifying and establishing goals and objectives for the coming year. This staff planning culminated in the establishment of the following goals:

1. To strengthen ORPR's link with Cooperative Extension Service.
2. To improve working relations with the Illinois Park and Recreation Association (IPRA) and the Illinois Association of Park Districts (IAPD).
3. To expand program offerings in the area of tourism.
4. To reinstitute the ORPR Technology Transfer Series.

As a result of this years endeavors, requests for assistance from county advisors have increased, working relations with both state associations have improved, and Hospitality and Bed and Breakfast Workshops have been developed by the Outdoor Specialist. The only goal not accomplished was the reinstitution of the Technology Transfer Series. When planning efforts were undertaken, staff discovered several areas of potential conflict with workshops being conducted by IPRA/IAPD. Until the appropriate subject matter can be identified to insure that the Series is unique and filling a need within the state, Technology Transfer will not be sponsored by the unit.

Five new publications were produced this year:

1. Research Into Action: Volume V, by Carol A. Peterson, Peg Connolly and Candace Ashton-Shaeffer

2. Therapeutic Recreation: Guidelines for Activity Services in Long Term Care, by Cynthia Carruthers, Janiece Sneegas and Candace Ashton-Shaeffer.
3. Personnel Performance Appraisal Practices in Illinois Leisure Service Agencies, by D.J. Brademas and G.A. Lowrey, Jr.
4. Use of Obsolete School Buildings for Recreation, by D. J. Brademas and George Lowrey, Jr.
5. Competition and Cooperation Between Campgrounds In the Public and Private Sectors, by Douglas McEwen and Robert Espeseth.

The service activity of ORPR was expanded this year by the involvement of Leisure Studies faculty in projects coordinated by the Office.

1. Dr. Jack Kelly and Dr. Jeff Hewings (Dept. of Geography) - Research Funding Proposal on the Economic Significance of Recreation. Developed for IPRA/IAPD. Dr. Kelly also designed the survey for the "Life Be In It" study conducted for IPRA.
2. Dr. Lynn B. Morris designed the survey for the Attitude and Interest Study for the Dundee Township Park District.
3. Dr. Bill McKinney was the ORPR liaison with the Administration and Finance Branch of IPRA. He also conducted a Salary Survey for the Champaign Park District.
4. Dr. Jan Sneegas, Cynthia Carruthers and Candace Ashton-Shaeffer published Therapeutic Recreation: Guidelines for Activity Services in Long Term Care through ORPR. In addition, Dr. Sneegas is conducting an applied research project with assistance from the Office.
5. Dr. Bill McKinney and Dr. George Lowrey, Jr. conducted the three-day Professional Development School for the Illinois Park and Recreation Association.

The more specific activities of the Office are detailed under each specialists section.

This report was prepared to highlight the accomplishments of the ORPR staff. It reflects our efforts to achieve the specific goals stated above and the overall goal of improving the quality of life in Illinois communities through improving the effectiveness of both public and private recreation and the wise use of natural resources as they relate to outdoor recreation.

OFFICE OF THE CHIEF

On August 21, 1986, Bill McKinney replaced Candace Goode as Chief of ORPR. Dr. Goode resigned her position to take a job with the North Carolina Agricultural Extension Service.

In 1985 - 1986 ORPR entered a transition period that will continue into the coming year. Because of the changing nature of CES, ORPR has begun to evaluate its role within CES and make plans to expand its programs beyond the traditional recreation and leisure services spectrum. While work with leisure service agencies will not cease, ORPR has been given the challenge of reaching beyond its traditional boundaries to deal with issues facing rural communities in Illinois. Areas such as small business management, community revitalization, and healthy lifestyles have been identified as possible areas in which ORPR could take a leadership role. It is now the responsibility of the staff in the upcoming year to decide what major role they will assume within CES and then to actively pursue a carefully planned course of action.

The primary goal of the Chief this year was to lay the ground work upon which this transition could take place. Effort was made to not only inform county advisors of the expertise available through ORPR, but suggestions were also solicited from advisors concerning how ORPR could better serve their needs. As a result of a series of meetings held this spring, requests for assistance from ORPR staff through county advisors have increased.

Highlights of the years activities are outlined below:

RESEARCH PROJECTS

1. Illinois 4-H Camp Evaluation. Co-investigator was Bob Long, Illinois 4-H Staff and Research Assistant - Mellon Kennedy. Completed: August, 1986.

Purpose: To design instruments and procedures that could be used by camp boards and staff to evaluate all aspects of their camping program.

2. Recreation Attitude and Interest Survey. Conducted for the Dundee Township Park District. Completed: May, 1986.

Purpose: To determine the recreation needs and interests of the Dundee Township residents.

3. Life Be In It Study. Conducted for the Joint Public Awareness Committee of IPRA/IAPD. Completed: May, 1986.

Purpose: To determine the level of agency participation in the national public awareness program, Life Be In It, and state public awareness programs, and agency attitudes toward the programs.

4. Career Aspirations of Undergraduate Leisure Study Students. Co-investigator: Dr. Regina Glover, SIU. Will be completed: Fall, 1986.

Purpose: To determine the career goals of undergraduate Leisure Studies students attending Illinois Universities.

Secondary Projects:

1. Coordinated Illinois participation in a study designed to gather information from all local public leisure service agencies in the U.S. for a report presented to the President's Commission on Americans Outdoors.
2. Provided technical assistance to the staff of the Westmont Park District concerning the development of an attitude and interest survey.

OTHER PROFESSIONAL INVOLVEMENT

Associate Editor, SPRE Annual of Education

Reviewed papers for the Methodology and Statistical Issues Section,
1986 Leisure Research Symposium

Reviewed papers for the Journal of Park and Recreation Administrators

PRESENTATIONS

Resource Leader, Leisurecraft Camp, April, 1986.

Internship Programs, U.S. Air Force Center Directors Workshop,
Indiana University, May, 1986

CONFERENCE ATTENDANCE

National Recreation and Park Association Annual Congress
Dallas, Texas
Fall, 1985

Illinois Park and Recreation Association Annual Conference
Chicago, Illinois
Fall, 1985

Illinois Health, Physical Education, Recreation and Dance Association
Conference
Allerton Conference Center
Spring, 1986

UNIVERSITY, COLLEGE, AND DEPARTMENTAL COMMITTEES

University

Women in International Development Committee - member

Cooperative Extension Service

State Extension Faculty Conference Committee - member

Department of Leisure Studies

Undergraduate Curriculum Revision committee - member

Graduate Committee - member

Brightbill Banquet - member

Search Committee - Head of the Department - member

Undergraduate Administration Option - member

TEACHING

LEIST 110 - Foundations of Leisure Studies - 2 hrs.
59 students - Fall '85; 50 students - Spring '86

LEIST 215 - Program Planning - 3 hrs
52 students - Spring '86

Graduate Committee

Masters: Brian LaHair, Landscape Architecture - complete
Ann Rabley, Leisure Studies - Anticipated completion December, 1986

PROFESSIONAL MEMBERSHIP

National Park and Recreation Association

Illinois Park and Recreation Association

CIVIC SERVICE

Board of Directors - Green Meadows Girl Scouts Council

COMMUNITY RECREATION SPECIALIST

Sabbatical Leave

The Community Recreation Specialist was on sabbatical leave from January to July, 1986. During this period the Specialist conducted a study of public recreation in Greece in cooperation with various ministries of the Greek Government. A number of interviews were held with government officials and field visits were made to various public recreation sites throughout Greece. Hundreds of slides were taken and have been arranged for presentation. Field visits included national parks, regional athletic facilities, neighborhood parks and playgrounds, tot-lots, senior citizen centers, centers for the disabled and youth recreation centers. A typed report of the interviews and observations is currently being prepared. The Greek Government granted the Specialist \$3,000 in in-kind services.

Workshops and Conference Presentations

"Supervision - Motivation". Cooperative Extension Service,
Champaign, Illinois, 1985.

"Motivation". Illinois Park and Recreation Association,
Chicago, Illinois, 1985.

Service

Technical assistance was offered to a number of agencies on various topics related to parks and recreation including assistance to Teutopolis, Waggoner and Hoopeston, Illinois on forming park districts.

Teaching

Leisure Studies 210 - Supervision - Fall, 1985

Leisure Studies 110 - Taxation - Guest Lecturer

Leisure Studies 310 - Administration-Budget Review - Guest Lecturer

University, College and Department Committees

University

Member - Campus Committee on Continuing Education and Public Service

College

College of Applied Life Studies - Alumni Committee - Member

College of Agriculture - Weber Committee - Member

College of Agriculture - Town & Country Art Show - Coordinator

Cooperative Extension Service - Local Government Officials Education
Impact Committee

Department of Leisure Studies

Advisory Committee

Graduate Committee

Promotion & Tenure

Social

Administration Option

Professional

Committee on Relations with Other Professions, American Academy for
Park & Recreation Administration

Task Force for the State Assessment and Economic Significance of
Recreation, IAPD/IPRA

Professional Memberships

American Academy for Parks and Recreation Administration

Illinois Park and Recreation Association

National Recreation and Park Association

International Personnel Management Association

World Leisure and Recreation Association

Epsilon Sigma Phi

Journal Articles

Brademas, D.J. and G.A. Lowrey, Jr. - Recreation Agencies Give Life to Empty Schools. Illinois Parks and Recreation, 1986, 17, (2), 11-14.

This study is concerned with the use of Illinois school buildings which have been closed for regular school use and converted to use for recreation. Findings indicate that 68 elementary, junior high and high schools which had been closed are currently in use by 54 leisure service agencies. The study also reports information on types of use and cost figures for lease and purchase of buildings.

Brademas, D.J. - Is There a Better Way? Using the Assessment Center Method for Staff Selection. Journal of Extension. (In Press)

Technical Reports

Brademas, D.J. and G.A. Lowrey, Jr. Personnel Performance Appraisal Practices in Illinois Leisure Service Agencies - 1985. Office of Recreation and Park Resources, University of Illinois, 1986. 40 pages.

Brademas, D.J. and G.A. Lowrey, Jr. Use of Obsolete School Buildings for Recreation. Office of Recreation and Park Resources, University of Illinois, 1986. 27 pages.

EDUCATIONAL RESOURCES SPECIALIST

The Educational Resources Specialist has a primary assignment of on-campus teaching in the Department of Leisure Studies and is on a nine-month appointment - August-May. Extension tasks are in the areas of continuing education, field research and services to the profession.

CONTINUING EDUCATION

Professional Development School

The Office of Recreation and Park Resources was requested to provide and did conduct a 17 hour (1.7 CEU) training course in Staff Development. It was held in late January at the Starved Rock State Park. Instructors were William McKinney and George Lowrey Jr. Our goal is to be able to continue developing special courses for this annual school aimed at the management level of the state's leisure services delivery systems.

Extramural Classes

We continue to hold off on offering extramural classes around the state as our faculty continue to be tied up in on-campus teaching, research and publication.

Technology Transfer Series

There is still somewhat of a glut on the market of continuing education efforts, particularly by the state association and its many sub-sections - they conducted some 35 training sessions last year. We do feel that there is room for a highly innovative series of the Technology Transfer Series of one to two-day workshops utilizing the expertise of Faculty of the University

Technology Transfer Series (continued)

of Illinois both in Leisure Services and other Departments, Colleges and Units on Campus. Preliminary planning is being carried out as to the best times, locations and the uniqueness of program content in order to compete successfully with, or to artfully supplement, current efforts within the state.

FIELD RESEARCH

Field research activities have consisted mostly of conducting, processing and writing up a series of surveys of practitioners in Leisure Services. These surveys were done in collaboration with D. James Brademas. They were a survey on use of obsolete school buildings, one on employment resumes and one on performance appraisal practices.

SERVICE TO THE PROFESSION

Job Mart and Job Opportunities Bulletin

ORPR has been providing a job information service for the last dozen years consisting of a classified listing of position vacancies nationally, including other job bulletins, and a monthly publication of an Illinois job vacancy bulletin. Financial problems surfaced toward the end of the year and we have completely reworked the method of assembly, by computer, the printing and the maintenance and use of the mailing list to effect certain economies. The Bulletin is partially supported by the Illinois Park and Recreation Association which has increased its contribution for a mailout to all member agencies. In addition, a subscription mailing

Job Mart and Job Opportunities Bulletin (continued)

list is maintained for some 500 individuals and the subscription rate has been increased. Reciprocal Job Information is carried out with a number of other states. Additionally, ORPR sets up a job mart service at the annual conference of the state association.

ON-CAMPUS RESPONSIBILITIES

Field Training Program

Some 60 students are placed annually with various leisure service agencies throughout the state, nation, and even internationally for a 16 week practicum. All are supervised, personally if in-state and by phone if out-of-state. In addition, we maintain a system of assessing and recording the field experiences of 320 hours relevant work in leisure services for all 250 undergraduate students. To assist, extensive files of agencies are maintained in the Field Training Office.

On-Campus Teaching

The Educational Resources Specialist teaches the "Supervision of Leisure Services" LEIST 210 course each Spring semester. Guest lectures are also given in several other courses.

OUTDOOR RECREATION SPECIALIST (ORS)

During the year many park districts, county conservation and forest preserve districts, state and federal agencies as well as private recreation and individuals were assisted. Some of the highlights of the year are noted in the following narrative.

RESEARCH AND DEMONSTRATION PROJECTS

Illinois-Indiana Sea Grant Program

The Program is administered by the University of Illinois Cooperative Extension Service through a joint agreement with the Indiana Cooperative Extension Service, Purdue University. The fourth year of the program was completed on April 30, 1986. Funding for the fifth year is \$268,000 from the National Sea Grant College Program and \$221,400 in in-kind services provided by the two cooperating institutions.

The focus of this program continues to be the environs of Lake Michigan and marine resource problems related thereto. Considerable emphasis has also been directed toward aquaculture because of the increasing interest in this area. The Coordinator is serving on the Aquaculture Advisory Committee to the Illinois Department of Agriculture. A report "The Illinois Aquaculture Industry: Its Status and Potential" was published in June, 1986. The Committee provided resources, input and review of the material presented.

The Marine Extension component remains as the largest area in the program, but five research projects were also approved this year.

Bed and Breakfast Workshops

Three B & B workshops have been held to date in Illinois and Indiana as a result of requests from interested people. ORPR and Sea Grant are cooperating with the Extension Specialist, Hotel, Restaurant and Institutional Management School, Purdue University in providing resources for the workshops.

Over 200 people have attended the first three and it is anticipated that 4 - 6 more will be held in the two states during the coming year. The workshops provide information to people who are thinking about going into business as well as those who are already operating a B & B.

There is interest in establishing a state association for B & B's which will require some emphasis during the coming year.

Media Participation and Exposure

Twenty-six radio tapes were made with Agriculture Communications, Media Section. These tapes were aired throughout the state on 60 radio stations on "Illini Consumers Report". Eight tapes were cut with the University News Service and used by an average of 46 radio stations.

Guest appearances on two TV stations, WCIA and WILL, focused on tourism and travel in Illinois.

Twenty news releases were prepared by the Sea Grant Communicator relating to water safety, B & B's, aquaculture and other subjects. Three articles were published in journals or magazines.

Much of the media effort was aimed at creating an awareness and acquainting the citizens of Illinois with the excellent outdoor recreation, historic and cultural opportunities available to them. A goal of this effort is to raise the image of tourism in Illinois.

Dellwood Park, Lockport Park District

In the Fall, 1985, the Leisure Studies 341 class as a planning project for the semester, did an in-depth analysis and re-development plan for Dellwood Park. The request for assistance had come through ORPR and the Cooperative Extension Service. The Lockport Park District provided travel funds and incidental expenses for the students and ORS to participate in the project.

Several trips were made to the site, discussions were held with staff and park users, site analysis sheets and a preliminary plan were prepared. A final plan was prepared and presented to the Park Board and Staff at a special meeting. The Board was so impressed they instructed the Director to have individual appreciation plaques presented to each student.

Indian Hill Museum, Bone Gap, Illinois

Through the efforts of the Edwards County Extension Adviser, a group of extension specialists and local governmental resources were brought to bear on a problem involving this unique small business enterprise in a rather out of the way place in southern Illinois. Each specialist agreed to tie together the analysis of the physical features, business aspects and future plans for the project.

The ORS prepared a site analysis of the property from the standpoint of existing facilities and potential for additional recreational and cultural developments on site. Expansion of the site, better advertising, improved business management and better integration of local tourism assets may be very beneficial to this small business enterprise. The project is only in a beginning phase and will be completed next year.

Great Lakes Sea Grant Marine Extension Regional Network

The Program Coordinator served as the chair of the Regional Network this past year. The Illinois-Indiana Sea Grant Program was the host of the biennial Network Marine Extension Agents Workshop for the first time. The very successful workshop was held at Michigan City, Indiana, May 5-8, 1986 and involved about 35 people from the six Sea Grant programs around the Great Lakes.

Several other regional workshops were held and publications were prepared by the Network for use in marine extension activities.

Professional Involvement

Presentations

Great Lakes Park Training Institute, Pokagon, Indiana
 "Park Safety Considerations in Landscape Design"
 February 24-25, 1986

National Society for Park Resources (NRPA)
 Park Management Seminar, Cincinnati, Ohio
 "Fees and Charges in Park Management"
 March 6, 1986

National Recreation and Park Association
 Swimming Pool and Aquatics Conference, Arlington Heights, Illinois
 Coordinator and Moderator - Beach and Lakefront Sessions
 March 17 - 18, 1986

Illinois - Indiana Sea Grant Program and Cooperative Extension Service
 Bed and Breakfast Workshops - Valparaiso, IN; Joliet, IL and
 Monmouth, IL

Attendance

Governors Conference on Lake Michigan and the Great Lakes
 Chicago, Illinois, September 26 - 27, 1985

Sea Grant Week
 Newport, RI, October 24-24, 1985

National Campground Owners Association
Louisville, KY, November 4-6, 1985

Illinois Park and Recreation Association Conference
Chicago, IL, November 21-23, 1985

Great Lakes Regional Council (NRPA)
Lincolnshire, IL, January 18, 1986

NRPA/NSPR Mid-Year Board Meetings
Washington, DC, February 21-23, 1986

Great Lakes Sea Grant Marine Extension Network Workshop
Michigan City, IN, May 5-8, 1986

Great Lakes Regional Council (NRPA)
St. Louis, MO, July 18-19, 1986

University, College and Department Committees

University

Member	-	Allerton Park Improvement Committee
Member	-	University YMCA, Board of Governors
Chair	-	Bailey Scholarship Committee, YMCA
Co-Chair	-	Membership Committee, YMCA
Member	-	Natural Areas Committee
Official	-	Track Meets at University of Illinois
Member	-	Military Education Council

Cooperative Extension Service

Member	-	State 4-H Camping Committee
Member	-	North Central Region, Historic and Rural Preservation Interest Network
Member	-	Alternate Land Use Task Force
Member	-	North Central Region Workshop Committee on Small City Development Through Downtown Revitalization

Department of Leisure Studies

Member	-	Undergraduate Committee
Member	-	Graduate Committee
Member	-	Promotion and Tenure Committee
Member	-	Advisory Committee

University, College and Department Committees (continued)

Teaching

Leisure Studies 341 - Outdoor Recreation Resource Planning
 Leisure Studies 100 - Guest Lecturer
 Leisure Studies 310 - Budget Review
 Leisure Studies 110 - Guest Lecturer
 Leisure Studies 490 - Guest Lecturer

Thesis Committees

Doctoral - Doug Musser
 Master's - Leo Masulla
 Steve Anderson
 Glen Martin
 Peter Bemis

Professional Offices and Awards

National Recreation and Park Association

Member - Task Force for President's Commission on
 Americans Outdoors
 Member - Long Range Planning Committee
 Member - Swimming Pool and Aquatics Conference Planning
 Committee

National Society for Park Resources

Elected - President (1983-1984)
 Serving - Past President (1984-1986)
 Member - Executive Committee
 Chair - Nominating Committee
 Member - Speakers Bureau

Awarded the Meritorious Service Award

Illinois Park and Recreation Association

Member - PNRMS Past Directors Council

Council of Sea Grant Directors

Chair - Coastal Recreation Issues Committee

Great Lakes Regional Council - NRPA

NSPR Representative

Professional Offices and Awards (continued)

Advisory Appointments

Illinois Department of Conservation

Advisory Committee for State Natural Heritage Plan

Advisory Committee for State Trails Plan

Advisory Committee for State Comprehensive Outdoor
Recreation Plan

Illinois Department of Agriculture

Advisory Committee on Aquaculture

Association of Illinois Marine Enterprises

Research and Education Adviser

National Trust for Historic Preservation

Advisory Board on Rural Conservation

Civic Service

Champaign County Forest Preserve District

Member - Board of Commissioners (1/74 - 6/86)

Vice-President - 1976-1983; 1984-1986

President - 1983

Awarded Special Service Plaque and Resolution

Kiwanis

Member - Camp Kiwanis Committee

Member - Interclub

THERAPEUTIC RECREATION SPECIALIST

The Therapeutic Recreation Specialist is on a nine-month appointment with the primary assignment of on-campus teaching. She participates in and oversees the therapeutic recreation projects and tasks which are carried out by a quarter time graduate assistant, and other faculty members and graduate students. This report therefore represents the combined efforts of several people. The primary Extension goals of professional development, technical assistance, consultation, materials development and dissemination, and improvement of the therapeutic recreation service delivery system remain the center of this combined innovative approach.

Introduction

The primary mission of the Therapeutic Recreation Section in the Office of Recreation and Park Resources focuses on the improvement of the delivery of recreation and leisure services to the ill, disabled, and elderly. As such, the Therapeutic Recreation Specialist functions as educator, researcher, consultant, and advocate for therapeutic recreation services on both the state and national level.

Four major areas of responsibilities were addressed by the Therapeutic Recreation Section in 1985-86. These areas were:

1. Materials development and publication
2. Consultation and technical assistance
3. Professional involvement and development, and
4. On-Campus responsibilities

Materials Development and Publication

During 1985-86, the Therapeutic Recreation Specialists were involved with the development and publication of information in the field of therapeutic recreation through journal articles, conference papers, monographs, and manuals. This information was related to general therapeutic recreation philosophy, as well as, specific procedures and processes in therapeutic recreation. The following is a list of the major contributions in this area:

Peterson, C.A. (1985). Challenges, changes, and concerns: Leisure services in institutions and clinical settings. Journal of Leisureability. 12(1), 13-18.

Peterson, C.A. (1986). Special populations and leisure services: A professional core content area. The SPRE Annual on Education. Vol. 1, June. pp. 91-106.

Two major materials development projects were completed by the Therapeutic Recreation Section:

Peterson, C.A., Connolly, P. & Ashton-Shaeffer, C. (Eds.) (1986). Research Into Action: Applications for Therapeutic Recreation Programming, Vol. V. Champaign, Illinois. University of Illinois, Office of Recreation and Park Resources.

Carruthers, C., Sneegas, J. & Ashton-Shaeffer, C. (1986). Therapeutic Recreation: Guidelines for Activity Services in Long Term Care. Champaign, IL. University of Illinois, Office of Recreation and Park Resources.

Research into Action continues to be a highly requested publication which helps to translate research into appropriate program application. Therapeutic Recreation: Guidelines for Activity Services in Long Term Care, is a comprehensive manual for therapeutic recreation practitioners and activity directors who provide leisure services in long term care facilities. This publication was requested by the Joint Commission on the Accreditation of Hospitals (JCAH) as a resource for the development and implementation of

Materials Development and Publication (continued)

an activities services program which would meet quality standards and was long term care specific. ORPR accepted the challenge of developing this important publication.

Consultation and Technical Assistance

The Therapeutic Recreation Specialists provide consultation services, technical assistance and information to educators, practitioners, and interested consumers as requested. This continues to be an important function of the Specialists, with many requests received each month.

In 1985-86, the Therapeutic Recreation Specialist served as the NRPA/AALR Council on Accreditation Site Visitation Team Chair for Grambling University. In addition, information and assistance was requested, and provided for, via the telephone and mail in such areas as, therapeutic recreation assessment instruments, leisure education in clinical and municipal settings, leisure counseling for the developmentally disabled adult, activity programming in long term care, and publication and film resources.

The Specialist served on two research teams as an Investigator Team Member of the Rural Rehabilitation Project and as a member of the Champaign County Nursing Home/University of Illinois Committee for Study and Research in Gerontology and Aging.

Professional Involvement and Development

During 1985-86, the Therapeutic Recreation Specialists actively participated in and contributed to the professional movement in therapeutic recreation at the state, regional, national, and international levels. The following educational workshops, presentations, and speeches were made in relation to therapeutic recreation:

Peterson, C.A.:

"Transitions in Therapeutic Recreation"
 "The Future of Therapeutic Recreation"
 Seminar in Therapeutic Recreation, George Washington
 University, Washington, D.C.
 July 8-10, 1985

"Leisure Lifestyles of Disabled Individuals"
 National Institute of Health, Bethesda, MD.
 July 10, 1985

"Professing the Profession"
 "Leisure Lifestyles and the Disabled Individual"
 New England Therapeutic Recreation Symposium,
 Ashland, MA.
 October 6, 1985

"Facilitating Leisure Lifestyles of Exceptional
 Individuals"
 14th Annual Conference on Physical Activity for the
 Exceptional Individual, Newport Beach, CA.
 October 25, 1985

"The President's Session: Reactor to Presentations
 of Immediate, Past and Current Presidents"
 National Recreation and Park Association,
 Dallas, TX.
 October 27, 1985

"Accreditation - State of the Art"
 "Professional Schizophrenia: Which Organization is
 Best for Me?"
 "The Leisure Wellness Connection"
 Midwest Symposium on Therapeutic Recreation,
 South Bend, IN.
 April 20-21, 1986

Professional Involvement and Development (continued)

"Why We Do What We Do"
 "The Leisure Ability Approach"
 "Who's Job Is It Anyway?"
 British Columbia Recreation and Park Association
 Conference, Richmond, BC
 May 9-10, 1986

Ashton-Shaeffer, C.:

"Planning for your Leisure Time"
 Stephenson County Cooperative Extension Service,
 Freeport, IL.
 January 27, 1986

"Basic Statistics for Therapeutic Recreation"
 Midwest Symposium on Therapeutic Recreation
 South Bend, IN.
 April 21, 1986

"Leadership Strategies for Long Term Care
 Horticulture Volunteers"
 Wheaton Cooperative Extension Service
 Wheaton, IL.
 April 30, 1986

"Planning for Your Leisure Time"
 Paxton Mental Health Center,
 Paxton, IL.
 May 20, 1986

Other conferences attended:

Illinois Association of Health, Physical Education,
 Recreation and Dance Educators Conference,
 Monticello, IL
 February 1-8, 1986

Service to the profession:

Peterson, C.A.:

American Association of Recreation and Leisure
 American Therapeutic Recreation Association

Service to the profession:(continued)

Illinois Park and Recreation Association
Illinois Therapeutic Recreation Society

National Recreation and Park Association
National Therapeutic Recreation Society
Society of Park and Recreation Educators

Vice-Chair, National Recreation and Park
Association/American Association of
Recreation and Leisure, Council on
Accreditation

On-Campus Responsibilities

Teaching, guest-lecturing, undergraduate and graduate advising, curriculum development, and committee membership are all responsibilities of the Therapeutic Recreation Specialist. The Specialist served as a committee member on six Ph.D. committees, and seven M.S. committees; advised three Ph.D. students, and seven M.S. students; and had 12 undergraduate career advisees in 1985-86.

Within the University, College, and Department, the Specialists served on the following committees:

Peterson, C.A.:

- (1) University: Chair, Committee of Participating Units,
Undergraduate Specialization in Gerontology
Member, Committee to Select the Undergraduate
Instructional Award for Summer 1986
- (2) College: Promotion and Tenure Committee
Executive Committee
College Policy and Procedure Revision Committee
Search Committee - Head of Leisure Studies
- (3) Department: Promotion and Tenure Committee
Allen V. Sabora Research Award Committee
Chair, Undergraduate Curriculum Revision
Chair, Undergraduate Committee
Advisory Committee
Graduate Committee
Graduate Curriculum Revision
Fellowship Committee

On-Campus Responsibilities (continued)

Ashton-Shaeffer, C.: (1) Department: Awards Committee

The following courses were taught and guest-lectured by the Specialists:

Courses taught:

Peterson, C.A.: LEIST 199 - Computer Applications in Leisure Services
Fall, 1985 and Spring, 1986
30 students, 1 credit hour

LEIST 239 - Senior Seminar in Therapeutic Recreation
Fall, 1985
16 students, 1 credit hour

LEIST 494 - Technical Aspects of Therapeutic Recreation
in Higher Education
Fall, 1985
7 students, 1 unit

LEIST 332 - Program Planning & Evaluation
Spring, 1986
16 students, 3 credit hours

Ashton-Shaeffer, C.: LEIST 230 - Lab Director, Clinical Aspects of
Therapeutic Recreation
Fall, 1985
24 students, 3 credit hours

LEIST 130B- Introduction to Therapeutic Recreation for
Non-majors
Spring, 1986
41 students, 2 credit hours

Guest-lectures on campus:

Peterson, C.A.: LEIST 332 - "TR and the Wellness Movement"
Leisure Education and Facilitation
Techniques
April 28, 1986

PUBLICATIONS BY ORPR STAFF

Peer Review Policy

The Office of Recreation and Park Resources has continued the policy of peer review of selected reports produced by members of the staff. To ensure that ORPR reports convey the most accurate and useful information, it is our policy that selected reports be evaluated by outside reviewers before being released. The reviewers' suggestions and critiques will be carefully considered in preparing final reports for publication.

Report Evaluation Form

In addition to the above review, each ORPR report sent out carries an evaluation form (see Appendix A). The evaluation forms are uniform in nature generally for all reports, however selected reports may have an evaluation form particular to the individual report (see Appendix B). The response to the evaluation forms has been positive.

PUBLICATIONS

Articles in Journals

Brademas, D.J. and G.A. Lowrey, Jr. (1986) "Recreation Agencies Give Life to Empty Schools." Illinois Parks and Recreation.

Brademas, D.J. "Is There A Better Way? Using the Assessment Center Method for Staff Selection." Journal of Extension. (In Press).

Espeseth, R.D. "Camp Area Beauty Treatment - A Case Study of Two Campgrounds." Campground Management. 1986.

Espeseth, R.D. "A Survey of County Cooperative Extension Service Activities in Illinois in Rural Conservation and Historic Preservation." ORPR Report, Sept. 1985.

Espeseth, R.D. "Risk Management for Recreation Enterprises." National Aquatics Journal. Fall 1985.

Kistler, B. and Espeseth, R.D. "Waterskiing Glides to New Popularity." Illinois Parks and Recreation. 1986.

Peterson, C.A. (1985). "Challenges, Changes and Concerns: Leisure Services in Institutions and Clinical Settings." Journal of Leisureability.

Peterson, C.A. (1985). "Special Populations and Leisure Services: A Professional Core Content Area." The SPRE Annual on Education.

Technical Reports

Brademas, D.J. and G.A. Lowrey, Jr. Personnel Performance Appraisal Practices in Illinois Leisure Service Agencies - 1985. Office of Recreation and Park Resources, University of Illinois. 1986.

Brademas, D.J. and G.A. Lowrey, Jr. Use of Obsolete School Buildings for Recreation. Office of Recreation and Park Resources, University of Illinois. 1986.

Technical Reports (continued)

Carruthers, C., Sneegas, J. and Ashton-Shaeffer, C. (1986).
Therapeutic Recreation: Guidelines for Activity Services
in Long Term Care.

Peterson, C.A., Connolly, P. and Ashton-Shaeffer, C. (Eds.)(1986).
Research Into Action: Applications for Therapeutic Recreation
Programming, Vol. V.

Evaluation of Office of Recreation and Park Resources Publication

Publication Title: HIRING PRACTICES FOR PART-TIME AND SEASONAL
LEISURE SERVICES PERSONNEL

In an effort to assess the impact of our written materials, we ask you to take a few minutes and fill out this evaluation questionnaire after you have read the publication.

1. The publication was useful to me.

Very Useful 5 4 3 2 1 Not Useful At All
(circle one)

2. I felt the publication was directed to me.

Exactly 5 4 3 2 1 Not At All

3. Compared to others of its type, this publication was credible.

Very Credible 5 4 3 2 1 Not Credible
At All

4. I will consider changes in my program or agency as a result of this publication.

Definitely 5 4 3 2 1 Absolutely Not

If change is considered, please explain briefly.

5. Please identify your agency or program.

6. Suggestions for other types of publications. _____

Please complete this questionnaire and return it in the enclosed, pre-addressed, pre-paid envelope.

Thank you very much for your help.

THERAPEUTIC RECREATION: GUIDELINES FOR ACTIVITY SERVICES IN LONG TERM CARE

As the person completing this survey, please provide the following information: (All information will be confidential).

Name: _____

Position: _____

Agency Address _____

City _____ State _____ Zip _____

1. Place an X next to the item below which best describes your agency or facility.

- | | |
|--|--|
| <input type="checkbox"/> Long term care facility or nursing home | <input type="checkbox"/> Rehabilitation agency/center |
| <input type="checkbox"/> General hospital | <input type="checkbox"/> Other clinical or treatment oriented agency |
| <input type="checkbox"/> Mental health facility | <input type="checkbox"/> Educational agency |
| <input type="checkbox"/> Developmental disabilities agency | <input type="checkbox"/> Non-clinical agency |

2. Place an X next to the response which best describes the number of clients in your agency, i.e., average daily census.

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Less than 50 | <input type="checkbox"/> 301 to 500 |
| <input type="checkbox"/> 51 to 100 | <input type="checkbox"/> Other (specify) _____ |
| <input type="checkbox"/> 101 to 300 | |

3. Please list the titles (not staff names) of all therapeutic recreation staff in your agency. Then circle the appropriate response for certification, membership and educational status.

Position Title	Certified by NCTRC?*			Member of American TR Assoc.?		Member of National TR Society		Education:					
	CTRS	CTRA	No	Yes	No	Yes	No	Bachelors degree?			Masters degree?		
1. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
2. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
3. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
4. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
5. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
6. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
7. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
8. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
9. _____	3	2	1	2	1	2	1	3	2	1	3	2	1
10. _____	3	2	1	2	1	2	1	3	2	1	3	2	1

(If there are more than 10 TR staff, please attach an additional sheet with this information on all staff.)

(*NCTRC= National Council for Therapeutic Recreation Certification

CTRS= Certified Therapeutic Recreation Specialist

CTRA= Certified Therapeutic Recreation Assistant

If staff members belong to any professional organizations that were not mentioned above, please identify those organizations below.

4. Overall, how helpful was this publication in understanding quality assurance concerns? Very Helpful Helpful Somewhat Helpful Not Helpful

Please explain:

5. How valuable were the following parts/chapters of this publication to you? Very Valuable Valuable Somewhat Valuable Not Valuable

Chapter 1

Chapter 2

Chapter 3

Chapter 4

Chapter 5

Chapter 6

5. How valuable were the following parts/chapters of this publication to you?
- | | Very Valuable | Valuable | Somewhat Valuable | Not Valuable |
|--|---------------|----------|-------------------|--------------|
|--|---------------|----------|-------------------|--------------|

Chapter 7

Chapter 8

Appendices

6. What additional topics/information would you like included in future publications concerning therapeutic recreation services, quality assurance programs and quality and appropriateness review activities?

7. How did you use the information presented in this publication in your agency?

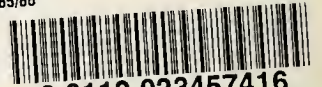
- | | Very Much | Much | Some | None |
|--|-----------|------|------|------|
| 8. How much did this publication contribute to your further understanding of therapeutic recreation philosophy and procedures? | Very Much | Much | Some | None |

- | | | | | |
|---|-----------|------|------|------|
| 9. How much information in this publication was new to you? Please explain. | Very Much | Much | Some | None |
|---|-----------|------|------|------|

- | | | | | |
|--|-----|----------------|----------------|------|
| 10. How much of this publication did you read? | All | More Than Half | Less Than Half | None |
|--|-----|----------------|----------------|------|

- | | | |
|--|-----|----|
| 11. Are your services categorized currently as treatment, leisure education, and recreation participation? | Yes | No |
|--|-----|----|

UNIVERSITY OF ILLINOIS-URBANA
790.9773IL65 C001
ANNUAL REPORT CHAMPAIGN
1985/86



3 0112 023457416